



Sanford Health Network  
Community Health Needs Assessment  
Implementation Strategies  
2014-2016

dba Sanford Aberdeen Medical Center EIN# 46-0388596

Dear Community Members,

Sanford Aberdeen has conducted a community health needs assessment (CHNA) and formally identified unmet needs in the community. A component of the 2013 CHNA work is a perception survey.

During FY 2012/2013 members of the community were asked to complete a survey to help Sanford identify unmet health needs. Sanford analyzed the survey data, identified unmet needs, and partnered with key community stakeholders to develop a list of resources and assets that were available to address them. A gap analysis was also conducted to identify the most significant health needs, and they were addressed in the implementation strategy that is included in this document.

Sanford Aberdeen has set strategy to address the following community health needs:

- Mental Health Services
- Bariatric Services

Sanford is also addressing mental health services and obesity through enterprise-wide implementation strategies. The enterprise strategies are included in this for your review.

Additionally, the asset map/resource list is included in this document along with the action steps that will be taken.

At Sanford Aberdeen, patient care extends beyond our bricks and mortar. As a not-for-profit organization, ensuring that the benefits of health care reach the broad needs of communities is at the core of who we are. By working with communities, we can bring health and healing to the people who live and work across our region. Together, we can fulfill this mission.

Sincerely,



Gordon Larson  
CEO

## **Addressing the Needs in Aberdeen**

### **ACCESS**

Community resources addressing the needs:

- New Sanford Hospital opened in 2012 and will provide specialty care. Recruiting continues for needed specialties.
- Acute Care provides after hours care at the Sanford Clinic.
- All patients are accepted at the Clinic and Hospital.
- Primary Care physicians are being recruited.

Sanford's commitment to addressing the needs:

- Sanford will continue to monitor and address this need. New Sanford Hospital opened in 2012 and provides specialty care.
- Sanford provides charity care through the Community Care Program and continues to provide resources and monitoring of access for healthcare.
- The following specialists have been added to the staff at Sanford Aberdeen to meet the expressed need: Cardiology, Oncology/Hematology, Bariatric General Surgery and Urology.

### **ALTERNATIVE MEDICINE**

Community resources addressing the needs:

- Several already provide services in the community.

Sanford's commitment to addressing the needs:

- Sanford opened a new hospital in 2012 and will provide specialty care.

### **CANCER**

Community resources addressing the needs:

- Cancer Biology Research Center in SF

Sanford's commitment to addressing the needs:

- Sanford has dedicated resources and recruited experts in the field of Oncology to address cancer research.

**CARE COORDINATION**

Community resources addressing the needs:

- Medical Home Initiative began in 2012.

Sanford’s commitment to addressing the needs:

- Sanford has executed new programs to improve care coordination, including the health coach and Medical Home Programs. The new One Chart, implemented in 2012-2013, makes the medical record available to all providers in the system.

**CHRONIC CONDITIONS**

Community resources addressing the needs:

- The Sanford Project – to cure Type 1 DB in Denny Sanford’s lifetime. Support groups are being formed for several areas.

Sanford’s commitment to addressing the needs:

- Sanford has executed new programs to improve care coordination, including the health coach and Medical Home Program for the purpose of impacting chronic disease. Sanford is committed to finding a cure for Type I diabetes. Better Choices/Better Health is a program that addresses chronic disease self-management and is available free of charge to all patients with a chronic disease.
- Additionally, obesity is a co-morbidity of many chronic diseases and is a priority for Sanford Enterprise. The enterprise implementation strategy will address obesity.
- Sanford is participating in the chronic disease initiative with the South Dakota Department of Health.

**CITY INFRASTRUCTURE**

Community resources addressing the need:

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Sanford’s commitment to addressing the need:

- Sanford will address this concern by sharing the CHNA information with community/city leaders.

**COMPETITION**

Community resources addressing the need:

- Sanford My Chart will allow the patient to grant access to their medical record electronically.

Sanford’s commitment to addressing the need:

- Sanford My Chart is available to all providers.

**DAY CARE**

Community resources addressing the need:

- YMCA is developing the Youth Development Center.
- Sanford Children’s Services provide training and education.

Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

### **DENTAL CARE**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders and public health.

### **DISABILITIES**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

### **ECONOMIC SITUATION/BUSINESS COMMUNITY**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.
- Sanford is one of the biggest employers in the area and contributes substantially to the economic growth of the region. Sanford provides medical care to those who qualify for charity care through the community care program. Sanford offers a discounted fee for those who qualify.

### **EDUCATION**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders and school leaders.

### **ELDERLY**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.
- Sanford has executed new programs to improve care coordination, including the health coach and Medical Home Program for the purpose of impacting chronic disease.
- Sanford is committed to finding a cure for Type I diabetes.
- Better Choices/Better Health is a program that addresses chronic disease self-management and is available on-line.

### **EMERGENCY CARE**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford ED wait times are measured and are far below the national averages.
- All ED physicians are currently Emergency Medicine trained.

### **HEALTHCARE COST/INSURANCE COST**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford provides charity care through the Community Care Program.

### **HANDICAPPED**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

### **HEALTHY NUTRITION**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.
- Sanford dietitians are available for individual appointments and community presentations.

### **HOUSING**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

### **JUDICIAL**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

### **MENTAL HEALTH**

Community resources addressing the need:

- Sanford One Care

Sanford's commitment to addressing the need:

- Sanford has prioritized mental health as an enterprise implementation strategy for 2013-2016.
- Sanford Aberdeen is now able to provide telemedicine follow-up visits for adolescents and adults.

### **NATIVE AMERICAN ISSUES**

Community resources addressing the need:

- Sanford WebMD Fit Kids

Sanford's commitment to addressing the need:

- Sanford has prioritized obesity as an enterprise implementation strategy for 2013-2016.

### **NEW AMERICANS**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford provides interpreter services.
- Sanford has prioritized obesity as an enterprise implementation strategy for 2013-2016.

### **OBESITY**

Community resources addressing the need:

- Sanford WebMD Fit Kids

Sanford's commitment to addressing the need:

- Sanford has prioritized obesity as an enterprise implementation strategy for 2013-2016.

## **PHYSICAL ACTIVITY**

Community resources addressing the need:

- Sanford WebMD Fit Kids

Sanford's commitment to addressing the need:

- Sanford has prioritized obesity as an enterprise implementation strategy for 2013-2016.

## **PHYSICIANS**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford has recruited physicians to live and work in the community. Patients are given the opportunity to provide feedback on care received.

## **POLLUTION/ENVIRONMENT**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

## **POVERTY**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

## **PREVENTION**

Community resources addressing the need:

- The Sanford Project – to cure Type 1 diabetes in Denny Sanford's lifetime
- Sanford WebMD Fit Kids

Sanford's commitment to addressing the need:

- Sanford has prioritized obesity as an enterprise implementation strategy for 2013-2016.



## **SAFETY**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

## **SCHOOLS**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders and school leadership.

## **SOCIAL ISSUES**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford has prioritized mental health as an enterprise implementation strategy for 2013-2016.

## **SUBSTANCE ABUSE**

Community resources addressing the need:

- Sanford One Care

Sanford's commitment to addressing the need:

- Sanford has prioritized mental health as an enterprise implementation strategy for 2013-2016.

## **TECHNOLOGY**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

## **TRAFFIC**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

## **TRANSPORTATION**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

## **WELLNESS**

Community resources addressing the need:

- Sanford WebMD Fit Kids

Sanford's commitment to addressing the need:

- Sanford has prioritized obesity as an enterprise implementation strategy for 2013-2016.

## **WORKFORCE**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

## **YOUTH**

Community resources addressing the need:

- Sanford WebMD Fit Kids
- Sanford One Care

Sanford's commitment to addressing the need:

- Sanford has prioritized obesity as an enterprise implementation strategy for 2013-2016.

## **SANFORD-SPECIFIC**

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford does accept Medicaid and works very hard to get patient appointments at the requested times.
- Sanford began a program of Same Day at Sanford to get appointments the same day depending on patient needs.

## **Sanford Aberdeen Community Health Needs Assessment**

### **Implementation Strategy**

#### **FY 2014-2016 Action Plan**

##### **Priority 1: Obesity**

###### **Goal 1: Establish a Sanford Aberdeen-based bariatric services accredited program**

###### **Measurable Outcomes:**

- Working toward American College of Surgeons accreditation as a Level 2 New Center
- Bariatric Support Group is established
- BLAST Program has been implemented
- Diabetic Support Group has been established

###### **Sanford Resources:**

- Bariatric Surgeon
- Bariatric Coordinator

##### **Priority 2: Mental Health Services**

###### **Goal 1: Establish adolescent and adult mental health telemedicine services from Sanford Aberdeen to Sanford Medical Center in Sioux Falls**

###### **Measurable Outcome:**

- Psychiatric visits via telemedicine in order to afford better access without travel

###### **Sanford Resources:**

- Psychiatrists have been credentialed

## **Community Health Needs Assessment**

### **Sanford Health Enterprise Implementation Strategy**

#### **FY 2014-2016 Action Plan**

##### **Priority 1: Mental Health Services – Sanford One Mind**

**Goal 1: Integration of behavioral health services or access to behavioral health in all 38 One Care primary clinic sites**

**Measurable Outcome:**

- All 38 primary care clinic sites within the enterprise will have access to behavioral health services by FY 2016

**Sanford Resources:**

- Sanford One Care Director and Assistant
- Sanford One Care Coordinator
- Daniel Heinemann, MD
- Stephen Nelson, MD
- Core Team Clinical Skills Development Coordinators
- Core Team Traditional Culture Advisor/Cultural Diversity Liaison
- Core Team IT
- Core Team Curriculum Development Team
- One Care Development Communication Coordinator
- One Care Department Assistant
- Clinical Skills Development Team (training over 200 physicians and over 360 staff)

**Goal 2: Analyze and present outcomes of the first three years of integrated behavioral health services**

**Measurable Outcome:**

- Results are analyzed and reported to leadership during FY 2016

**Sanford Resources:**

- Daniel Heinemann, MD
- Stephen Nelson, MD

## **Priority 2: Obesity**

**Goal 1: Create an annual symposium/workshop for providers to address weight management and obesity**

**Measurable Outcome:**

- CEUs are available for providers who attend the annual obesity symposium – first annual date set for April 25, 2014

**Sanford Resources:**

- \$10,000 budgeted
- James Mitchell, M.D.
- Linda Bartholomay, LRD
- Carrie McLeod, MBA, MS, LRD,CDE
- Luis Garcia, MD
- Chris Tiongson, MD
- Ron Wiisanen, MD
- Jo Burdick, MS, BSN
- Naomi Aufman, MS

**Goal 2: Develop community classes and leverage existing resources, including dietitians, exercise physiologists, WebMD Fit Kids**

**Measurable Outcome:**

- Classes are scheduled to address obesity and obesity prevention

**Sanford Resources:**

- Clinical Dietitians
- Exercise Physiologists
- Behavioral Health Team
- Bariatric Services
- Providers
- WebMD Fit Kids

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HEALTH