



Sanford  
**FETAL CARE**  
Center

**Changing outcomes for families facing  
high-risk pregnancies**

[sanfordhealth.org](http://sanfordhealth.org), keyword: fetal care



## Complete Care In One Place

Sanford Fetal Care Center offers comprehensive multidisciplinary maternal-fetal care all on one medical campus. Our team of maternal-fetal medicine specialists and over 70 pediatric subspecialists provide expertise and personalized care for families facing high-risk pregnancies.

As one of the few truly comprehensive care programs in the region, we offer a complete range of diagnostic capabilities, imaging, obstetric and pediatric subspecialty consultation and fetal interventional procedures. Our team of specialists has a wealth of experience with diagnosis and management of complex fetal anomalies.



# Our Approach To Care

We bring together recognized maternal-fetal medicine specialists and pediatric subspecialties to deliver leading technologies, integrated support services and the best care. We work closely with each patient's referring physician and welcome involvement at every step.

Each patient who visits us receives a comprehensive diagnostic evaluation, which may include prenatal ultrasound, fetal echocardiogram and a fetal MRI along with diagnosis-specific subspecialty consultation. Once this evaluation has been completed, an interdisciplinary team of experts meets to review every aspect of the evaluation and prepare recommendations for a plan of care.

The maternal-fetal care team will review the fetal imaging findings with the patient and her family to explain the implications and the team's recommendations for a plan of care. Our recommendations may include prenatal management, the potential role of fetal intervention, suggested delivery management, postnatal treatment and long-term implications of diagnosis.

We encourage clear, open communication between a patient, her family and our medical team to ensure patients feel prepared and fully informed before making decisions regarding the next steps. Our dedicated RN coordinators guide families through every step by organizing seamless, integrated care.

“ THE RN COORDINATOR ARRANGED TIME FOR US TO MEET WITH OUR DOCTOR TO DISCUSS THE SURGERY, MEET ANOTHER DOCTOR FROM THE NICU AND TOUR THE NICU - ALL BEFORE OUR BABY WAS EVEN BORN! ”

JERI JASTRAM



Above: Jeri, Corey & baby Kellen





## State-of-the-art, Conveniently Located Facility

We are located in Medical Building 3 at Sanford USD Medical Center. Our facility provides a warm, comforting place for mothers to receive expert care including prenatal diagnostic testing and consultation, fetal interventions, delivery, recovery and postpartum management.

We are only moments away from the Sanford Children's Hospital, our Castle of Care. The Sanford Children's Boekelheide Neonatal Intensive Care Unit (NICU) is the region's only level IV NICU and provides in-house neonatologists 24 hours a day, seven days a week. Mothers can be near their infants and easily take part in their care.



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“ WE DEEPLY APPRECIATE EVERYTHING THE SANFORD MATERNAL-FETAL MEDICINE CARE TEAM DID TO TAKE CARE OF OUR LITTLE ONE. EVERY SINGLE PROVIDER WAS THOUGHTFUL, CARING AND KNOWLEDGEABLE! ”

- SAMANTHA FLECKENSTEIN

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Image Left: Sam, Josh & baby Maeryn

# Extraordinary Treatments and Procedures

At Sanford Fetal Care Center, our team of experts performs a full range of procedures to address fetal anomalies. We can diagnose and care for a number of conditions through the latest treatments and procedures. Our fetal surgery team includes pediatric surgeons, maternal-fetal medicine specialists and several pediatric specialists determined to improve outcomes and enhance quality of life for every mother and baby we treat.

## Our Services

- At-risk pregnancies
- Down syndrome/chromosome disorder screening
- Genetic counseling
- Prenatal testing
- Pregnancy screening tests
- Counseling for fetal congenital heart disease and/or fetal arrhythmias
- Fetal procedures
- Palliative care and family support



## Some of the conditions we treat

- Congenital cystic adenomatoid malformation
- Diaphragmatic hernia, including those that require ECMO
- Gastroschisis
- Intestinal atresia
- Intrauterine growth restriction
- Omphaloceles
- Pregnancy over 35
- Premature rupture of membranes
- Preterm labor
- Twin to twin transfusion syndrome
- Complex multiple gestation pregnancies
- Complex renal conditions, including those that require CRRT
- Hydrops



**Our maternal-fetal  
medicine specialists  
are available for  
urgent referrals,  
consultations and  
transfers 24 hours  
a day, seven days  
a week.**

**Monday - Friday,  
8 a.m. - 5 p.m.  
(877) 652-1843**

**After-hours  
and weekends:  
(605) 328-4645**

## Referring A Patient

Whether you are a perinatologist, OB/GYN, certified nurse midwife or family medicine physician, when you refer a patient to Sanford Fetal Care Center, we consider you a part of our team. We partner with you to find the best care for your patient.

You are invited to attend each and every meeting, and we'll work closely with you to ensure you are involved in every step. Our team will coordinate the forwarding of any important patient notes and follow-up care instructions. Following every consultation, we fax a comprehensive consultation letter that summarizes our findings. We are available by phone at any time to answer your questions.

At the initial meeting, we review and recommend the appropriate approach for your patient during pregnancy through labor and delivery. Most often, we support patients remaining with their primary care provider for delivery; however, in specific high-risk pregnancies we will recommend your patient deliver at our facility.

If your patient has a preexisting condition where other specialists are involved in care, we welcome those specialists to work with us during pregnancy. We encourage patients to keep the providers they had prior to enrolling with us and welcome these providers to contact our coordinators any time with any questions or concerns about care.



# Meet our team

## Maternal-Fetal Medicine



Jeffrey Boyle,  
MD



Michael  
McNamara,  
DO



Rachel Rodel,  
MD



Lindsay  
Horstman,  
CNP



Robin  
Horstman,  
CNP



Haley Jerman,  
PA-C



Kali Myrлие,  
PA-C



RaeAnn  
Kragenbring,  
MS, CGC



Maija Trout,  
MS, CGC

## Neonatology



Kathryn  
Anderson, MD



Michelle  
Baack, MD



Jacquelyn Grev,  
MD



Laurie Hogden,  
MD



Akram Kahn,  
MD



Stephen  
Messier, MD



Lauritz Meyer,  
MD



Suzanne  
Reuter, MD



Baiba  
Steinbrekera,  
MD



Jessica White,  
MD

## Cardiology



Nofil Arain,  
MD



Theresa  
Stamato, MD



Bill Waltz, MD



Kurt Griffin,  
MD



Alaa Al Nofal,  
MD



John Shelso,  
MD



Karen Hanisch,  
CNP

## Endocrinology

## Gastroenterology



Tonya  
Adamiak, MD



Brock  
Doubledee,  
DO



Melissa Jensen,  
MD



Gary Neidich,  
MD



Stephanie Van  
Dam, CNP



Katie Burns,  
MS, CGC



Laura Davis-  
Keppen, MD



Lisa Ohden,  
MS, CGC



Justin Kastl,  
MD



John Sanders,  
MD

## Genetics

## Nephrology

## Neurology



Bonnie Bunch,  
MD



Shalome  
Dsouza, MD



Heather  
Johnson, CNP



Lawrence  
Fenton, MD



Daniel Mark,  
MD



Pam Koepsell,  
CNS



Adam Gorra,  
MD



Scott Keckler,  
MD



Jon Ryckman,  
MD



Sarah Dorr,  
CNP



Jenifer Reitsma,  
CNP

## Palliative Care

## Pediatric Surgery

## Pediatric Neurosurgery

## Pediatric ENT

## Pulmonology

## Urology



Eric Trumble,  
MD



Patrick  
Munson, MD



Amit Jain, MD



Chuanpit  
Moser, MD



Deb Hickman,  
CNP



James Wallace,  
MD



Kurt Eeg, MD



Kjertsin  
Purintun, CNP





**SANFORD**  
Children's



**Sanford Fetal Care Center**

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