



**STOP**  
**THE BLEED**<sup>SM</sup>

*Sanford Trauma Services*

# Stop the Bleed Training

*This class was developed to teach civilians how to identify and treat life-threatening bleeding. Skills learned with this training include direct pressure, wound packing and tourniquet use.*

***Cost: Free***

***Open to the Public***

Sign up for a class on [www.sanfordhealth.org](http://www.sanfordhealth.org) and search for “Stop the Bleed”.

Or contact the Trauma Services Department to host a class by emailing: [traumaservicessf@sanfordhealth.org](mailto:traumaservicessf@sanfordhealth.org) or call (605) 333-7363.