

Sanford Medical Center Fargo

2022-2023 Pharmacy Residents



Sam Markle, PharmD

Program: PGY2 Critical Care

PGY1: Sanford Medical Center, Fargo, North Dakota

Hometown: Bismarck, ND

College of Pharmacy: North Dakota State University, Class of 2021

Professional Interests: Critical Care (sepsis, ARDS, trauma, medical emergencies), Infectious Diseases, Emergency Medicine

Why I chose Sanford Fargo for residency training: Sanford offered an outstanding combination of quality clinical learning, exceptional preceptorship, excellent opportunities for involvement, and a caring, fun workplace environment. I had a fantastic experience during my PGY-1 residency year, particularly with the preceptors, culture, and opportunities in my chosen specialty of critical care that ultimately led to my desire to stay on for a second year!

Hobbies: Hiking, biking, weightlifting, traveling, and spending time with friends/family

Favorite things to do in Fargo: Enjoying the beautiful weather during the summer months and visiting the many wonderful local breweries in town with friends and coworkers.

Email: Sam.Markle@sanfordhealth.org

Ellen Hultstrum, PharmD

Program: PGY2 Oncology

PGY1: Sanford Medical Center, Fargo, North Dakota

Hometown: Litchfield, Minnesota

College of Pharmacy: South Dakota State University, Class of 2021

Professional interests: All things oncology, toxicity management/supportive care, teaching

Why I chose Sanford Fargo for residency training: The size, location, and rotation experiences were the main factors that led me to Sanford Fargo for my PGY1 residency and I'm excited to be a part of our growing oncology practice here as I continue in my PGY2 training. I liked that the program is large enough to offer many opportunities, yet still small enough to have flexibility and be able to personalize my rotation experiences. I'm excited to be involved in our new bone marrow transplant services and expanding pharmacist oncology involvement this year.

Hobbies: Traveling, biking, cooking, reading and trying to keep my succulents alive

Favorite things to do in Fargo: Trying out new coffee shops, red river market and going to breweries with my co-residents

Email: Ellen.Hultstrum@sanfordhealth.org

Jarod Burnside, PharmD

Program: PGY1 Traditional

Hometown: Fargo, North Dakota

College of pharmacy: North Dakota State University, Class of 2022

Professional Interests: Emergency medicine, infectious diseases, internal medicine

Why I chose Sanford Fargo for residency training: Sanford's pharmaceutical services are extremely progressive and embedded into direct patient care. Whether this is through interprofessional rounding, consult services, antimicrobial stewardship, or many other activities, I knew that my PGY1 year would be saturated with the best learning

experiences. Sanford's preceptors are knowledgeable about their specialties and excited to share their practice philosophies with residents. The ability to participate in practice changing research/projects over the PGY1 year is also very rewarding. Lastly, the program's emphasis on medication safety lends to a great learning environment for pharmacy residents!

Hobbies: Spending time at family lake cabin in the summer, golf, hockey, archery

Favorite things to do in Fargo: Go to one of the many sporting events or concerts in the area, enjoy a meal at a new restaurant, play a round of golf (in the winter too!), and catch a movie!

Email: Jarod.Burnside@sanfordhealth.org

Madeleine Koenig, PharmD

Program: PGY1 Traditional

Hometown: Lincoln, Nebraska

College of pharmacy: University of Nebraska Medical Center, Class of 2022

Professional interests: Pediatrics, oncology, transplant

Why I chose Sanford Fargo for residency training: I happened upon the program at Midyear and learned about the opportunities in both adult medicine and pediatrics. Sanford Medical Center Fargo offers rotations in each of my interest areas without feeling too "big". The patient care teams are well rounded, passionate, and work excellently together. Following the interview, I knew I would be lucky to learn from such outstanding mentors and preceptors.

Hobbies: biking, going on long walks, trying new recipes at home, and reading

Favorite things to do in Fargo: I haven't lived in Fargo very long, but I've quickly learned that I enjoy riding my bike to the downtown area to grab a bite to eat. There are so many great restaurants to try!

Email: Madeleine.Koenig@sanfordhealth.org

Jennifer Spadgenske, PharmD

Program: PGY1 Traditional

Hometown: Menahga, Minnesota

College of pharmacy: North Dakota State University, Class of 2022

Professional Interests: Critical care, adult medicine, academia

Why I chose Sanford Fargo for residency training: Sanford offered a wide variety of rotation choices that could be built to my interests along with a teaching certificate that is giving me the opportunity to lead didactic lectures at NDSU. The overall environment of mentorship and the focus to expand the pharmacy profession is also a reason I choose to complete my residency training at Sanford. Finally, I had experience working with the exceptional preceptors throughout my time as an APPE student and pharmacy intern and am excited for the opportunity to continue to learn from them and grow as a new practitioner.

Hobbies: Reading, Running, Water skiing, Kayaking, and spending time with my 3 wild nephews

Favorite things to do in Fargo: Take my dog Jazz for a walk along the Red River, visit the local breweries/cider bars my favorites being Junkyard and Wild Terra, get ice cream at Scoop N Dough

Email: Jennifer.Spadgenske@sanfordhealth.org

Joshua Collett, PharmD

Program: PGY1 Traditional – Pediatrics Track

Hometown: Hutchinson, Minnesota

College of pharmacy: South Dakota State University, Class of 2019

Professional Interests: Pediatric critical care, pediatric cardiology, infectious diseases, emergency medicine

Why I chose Sanford Fargo for residency training: I chose Sanford Fargo for the strong preceptor group and the importance of the pharmacist on the interdisciplinary team

Hobbies: Hanging out with my baby, attempting to cook, listening to podcasts

Favorite things to do in Fargo: Going to the Farmer's Market, breweries, and restaurants

Email: Joshua.Collett@sanfordhealth.org

Melissa Gilbraith, PharmD

Program: PGY1 Nontraditional

Hometown: Fargo, ND

College of pharmacy: North Dakota State University, Class of 2018

Professional interests: Cardiology, medication safety

Why I chose Sanford Fargo for residency training: As an overnight pharmacist at Sanford Fargo for the last two years, I have been inspired by many of our wonderful preceptors to expand my clinical knowledge through the non-traditional PGY1 residency. This opportunity is offered to current Sanford Fargo staff pharmacists to encourage growth within our team.

Hobbies: Crafting, baking, spending time with friends and family

Favorite things to do in Fargo: In the summer, I like to scope out new restaurant patios with Scoop N Dough ice cream for dessert. Then in the fall/early winter, I spend most Saturdays cheering on the Bison at football games!

Email: Melissa.Gilbraith@sanfordhealth.org

Adwoa Adjekum, PharmD

Program: PGY1 in Ambulatory Care Clinics

Hometown: Accra, Ghana

College of pharmacy: North Dakota State University, Class of 2022

Professional interests: Clinical care with a focus on outpatient services with specific interest in diabetic management, specialty pharmacy and management

Why I chose Sanford Fargo for residency training: The Ambulatory Care program provided a wide range of required and elective rotation experiences, which were aligned with my goals and interests. These include pharmacogenomics, specialty pharmacy and outpatient infectious disease with an emphasis on HIV and hepatitis C. In addition, the program provided experiences in academia and management as well as a broad elective list providing opportunities to gain experience and knowledge in different areas of pharmacy.

Hobbies: Reading, crocheting and travelling.

Favorite things to do in Fargo: Definitely trying out new restaurants.

Email: Adwoa.Adjekum@sanfordhealth.org