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Family Day Care Network  
Child and Adult Care Food Program  
Sponsoring Organization

#### Sanford Children's Safety Center

Childhood injuries are preventable. Keep children in your care safe. Stop by today and receive:

- Educational tips and tools
- Quality safety products available for purchase
- Room by room demonstrations on how to child proof rooms in your home

### What does a sponsor of family day care homes do?

Sponsors of family day care homes are responsible for assessing compliance of meal pattern requirements, record keeping procedures, determining the eligibility of the provider's own children participating on the program, classifying Tier 1 and Tier 11 child care providers, verifying provider household income eligibility, monitoring of facilities and on-going training on program regulations.

The Family Day Care Network, as a sponsoring organization for the CACFP, will provide the necessary training, paperwork and technical support to implement the Child and Adult Care Food Program. A staff person will visit participating providers to monitor program records and provide assistance with implementation of the CACFP.



**Sanford Children's CHILD Services**  
**Children's Family Day Care Network**

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**sanfordhealth.org**

## CHILD CARE



WHERE HEALTHY  
EATING BECOMES  
A HABIT





## What is the Child and Adult Care Food Program (CACFP)?

The Child and Adult Care Food Program (CACFP) is a federal program of the Food and Nutrition Service, U.S. Department of Agriculture (USDA). The goals of the CACFP are to:

- Improve the diets of children by providing nutritious meals.
- Help children develop good eating habits.

The program serves children under the age of 12 years, migrant worker's children, as well as persons with disabilities regardless of their age.

## Why CACFP is important to you?

USDA's Child and Adult Care Food Program plays a vital role in improving the quality of day care and making it more affordable for many low-income families. Each day, 2.6 million children receive nutritious meals and snacks through the CACFP.

## How can the CACFP help me?

- Helps to reimburse some of the cost of the meals served to children in your care.
- Teaches you how to plan and serve meals that meet CACFP standards for nutrition.
- Let's parents know that children have nutritious meals at child care.
- Provides training that assists you in creating a quality environment.
- Helps to network with others in child care.

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**"I love that the food program not only partially compensates for the expenses of feeding healthy meals but also that it provides reassurance for the families I serve that I am being held to national nutrition standards. I also appreciate the ongoing training and helpful staff that keep me informed."**

**Laura G.**

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## What are the requirements?

Providers must be state licensed to receive reimbursement for meals served to enrolled children. The following is a brief overview of CACFP program requirements, but is not all inclusive.

- Prepare and serve meals that meet CACFP meal pattern guidelines.
- Follow record keeping requirements regarding daily meal count records and attendance records.
- Allow FDCN Monitoring staff into child care facility for review of program documents and participation.
- Participate in training provided by sponsoring organization on an annual basis.
- Maintain a sanitary environment so the meals served are safe.
- Promote the safety and well-being of the children in care.

## What will my reimbursement be?

The CACFP helps ensure children are receiving balance, nutritious meals.

Participating day care homes and group family day cares are reimbursed for serving meals that follow the CACFP meal pattern to children enrolled for care at their facilities. Currently USDA allows reimbursement for not more than 3 meals per day per child. These meals may be 2 main meals and 1 snack, or 1 meal and 2 snacks per child per day.

USDA has established a two-tier reimbursement system, Tier I and Tier II for, for reimbursement by the CACFP. The rates of reimbursement are established by the USDA annually and are in effect from July 1 to June 30. Please check with the Family Day Care Network for determining eligibility and reimbursement rate.