

Childcare News

Expulsion in Early Childhood

Did you know that preschoolers are expelled at a rate three to four times higher than children in K-12th grade? Expulsion can have lasting, negative impacts on a child and his or her family. Instead of expelling children with challenging behaviors, early education programs should assess the child's needs and determine the behavioral supports necessary for the child to succeed in his or her current educational program or transition the child to a program better able to meet his or her needs.

What is expulsion?

Expulsion is when a child is permanently removed from a childcare setting due to various reasons. Typically, challenging behavior is the main reason for expulsion from early childhood programs.

Soft expulsion involves repeatedly asking parents to pick up their child or to come to the center to address their child's behavioral issues.

Expulsion has negative effects on the child and family. When a child is expelled they miss out on the opportunity to learn and socialize. It can create negative thought patterns about self, learning, and teachers. Furthermore, expulsion can actually create more behavioral challenges for the child in the future.



What causes the high rates of expulsion in early childhood?

There may be a lot of factors contributing to a child getting expelled. Most of these factors can be prevented if we are proactive and work as a team. Below are a few factors that may lead to a child getting expelled from a childcare center.

- High teacher-child ratios
- Teacher's perception or mindset
- Lack of support
- Challenging behaviors can be stressful
- Long school days
- Not knowing the negative impact of expulsion

Strategies to prevent expulsion.

Review the following strategies to help prevent expulsion in your classroom. These strategies can be beneficial at the earliest signs of a child's behavior concerns.

- Create a predictable, supportive, high quality environment
- Develop a challenging behavior or expulsion policy at your center
- Focus on the child's strengths and positives
- Teach skills to help the child identify, manage and communicate their emotions
- Talk it through and rely on your support team
- Work with the family as a team
- Educate yourself and others about expulsion
- Reach out to Sanford CHILD Services for more support if needed

Sources:

Head Start: Early Childhood Learning and Knowledge Center. (2020). *Understanding and eliminating expulsion in early childhood programs*. Retrieved from <https://eclkc.ohs.acf.hhs.gov/publication/understanding-eliminating-expulsion-early-childhood-programs>

Foundation for Child Development. (2008). *Implementing policies to reduce the likelihood of preschool expulsion*. Retrieved from <https://www.fcd-us.org/implementing-policies-to-reduce-the-likelihood-of-preschool-expulsion/>

Contact Sanford CHILD Services to get a copy of the Expulsion Prevention Teacher Checklist!

REGISTER ONLINE FOR CLASSES!

1. Go to www.sanfordhealth.org/classes-and-events
2. Filter by 'Daycare Providers' under the Category drop down
3. Locate the class you want to attend
4. Click on the class to find class registration information

Learning Opportunities

Classes offered for Family Child Care Providers registered with the City of Sioux Falls. Location details given upon registration.

DATE/TIME	CLASS TITLE	LOCATION	CATEGORY
Tuesday, July 6 6:30 – 7:30 p.m.	<u>Child Care Essentials: Shaken Baby Syndrome</u> Never shake a baby! Learn the symptoms and outcomes of pediatric head trauma and ways to prevent it from happening.	Sioux Falls	Shaken Baby Syndrome Prevention
Monday, July 12 6:30 – 9 p.m.	<u>Certified First Aid</u> Learn to handle child illness and injuries in the first few minutes until professional help arrives. A Heartsaver Pediatric First Aid Course completion card will be given to students upon successful completion of the course. Course renewal is every 2 years.	Sioux Falls	Safety and Health
Thursday, July 22 7 – 8 p.m.	<u>Calm During the Storm</u> Recognize signs of emotional flooding in children. Learn how to become the external regulator for children, calming experiences of overwhelm and increasing adaptability.	On-line	Child Development
Wednesday, August 4 6:30 – 7:30 p.m.	<u>The Act of Mindfulness</u> In a world full of distractions, mindfulness helps providers have focused success and create consistent self-care practices. Model compassion for the self and others through the act of mindfulness.	Sioux Falls	Stress Management
Wednesday, August 4 7:30 – 8:30 p.m.	<u>Safe Sleep Practices and Reducing the Risk of SIDS</u> Learn to provide a safe environment for children's rest, and how to reduce the risk of Sudden Infant Death Syndrome.	Sioux Falls	Safety and Health
Tuesday, August 10 6:30 – 7:30 p.m.	<u>Being a Mandated Reporter</u> Learn what it means to be a mandated reporter and how to stress the importance of this role with staff.	Sioux Falls	Child Abuse and Neglect
Thursday, September 2 6:30 – 7:30 p.m.	<u>Attachment Answers: Forming a Secure Attachment</u> Learn about attachment theory and the four types of attachment. Better understand the importance of a healthy attachment in early childhood.	Sioux Falls	Guidance and Discipline
Monday, September 13 7 – 8 p.m.	<u>Nutrition In A Junk Food World</u> How to keep healthy eating a goal for children and families when the temptation of junk food is everywhere.	On-line	Child Nutrition and Growth
Thursday, September 23 6:30 – 7:30 p.m.	<u>Sudden Unexpected Infant Death Syndrome (SUIDS)</u> Creating a safe environment is not always easy. Learn practices to keep infants under 1 year of age safe, with emphasis on the most recent safe sleep standards.	Sioux Falls	Sudden Infant Death Prevention



Heartsaver® CPR AED

2021 Classes

Monday, July 26	6:30 – 10 p.m.	Sioux Falls
Saturday, July 31	8:30 – Noon	Sioux Falls
Saturday, August 14	8:30 – Noon	Sioux Falls
Tuesday, August 31	6:30 – 10 p.m.	Sioux Falls
Wednesday, September 1	6:30 – 10 p.m.	Sioux Falls
Tuesday, September 28	6:30 – 10 p.m.	Sioux Falls

This video-based, instructor-led course teaches adult, child and infant CPR, AED use, and how to relieve choking. This course teaches skills with AHA's practice-while-watching technique, which allows instructors to observe the students and provide feedback.

CPR Class Policy

CPR classes sponsored by the City of Sioux Falls Health Department through Sanford CHILDS Services are provided free of charge to city registered family day care providers and their helpers.

Registration for CPR classes is limited to 9 people per class. To help ensure CPR education is available throughout the year, the following policy exists:

1. Class registration is limited to Sioux Falls city registered family day care providers and their helpers.
2. Providers, and their helpers, receive one free CPR class per year.

CPR Cancellation Policy

Cancellation of CPR class registration needs to be made 24 hours prior to the start of the CPR class. If notice of cancellation is not received 24 hours prior to the CPR class, the registrant will have used up his/her free CPR class for the year. A payment of \$20 will be needed to enroll in another City of Sioux Falls Health Department sponsored CPR

UPDATE FROM THE DEPARTMENT OF HEALTH....

We have a new staff conducting daycare inspections and registrations, Tori Sundvolt

CHECK OUT THE FOLLOWING DEPARTMENT OF HEALTH EVENTS

- *Move Well Sioux Falls & Blue Move 5k*
Saturday, August 14, 2021 9:00am – 11:30am
504 N Phillips Ave, Sioux Falls, SD 57104
Visit the following website for more information:
<https://www.allsportcentral.com/EventInfo.cfm?EventID=74789>
- *2021 Health Connect Fair*
Saturday, September 18, 2021 11:00am - 3:00pm
2210 W. Pentagon Pl, Sioux Falls, SD 57107
Visit the following website for more information:
<http://livewellsiouxfalls.org/get-involved/events-calendar/event/1618/2021-health-connect-fair>
- *Hydrant Parties*
Sioux Falls Fire Rescue and Sioux Falls Parks and Recreation will be coming to your neighborhood this summer to bring the fun! Keep cool by enjoying water sprays and games!
 - Thursday, July 15 | 1-3 pm | Whittier Park
 - Thursday, July 22 | 1-3 pm | Prairie Trail Park
 - Thursday, July 29 | 1-3 pm | Hayward Park
 - Thursday, August 5 | 1-3 pm | Jefferson Park
 - Thursday, August 12 | 1-3 pm | Linwood Park
 - Thursday, August 19 | 1-3 pm | Bakker Park



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