

# Childcare News

## Active Supervision



Active supervision is more intentional and preventative than what we typically think of when we talk about supervision. Head Start has been implementing active supervision in their programs and has determined six components needed to make it work.

- **Set up the environment**

- Arrange your environment for good visual supervision. Move shelves if needed to make sure you can see over them. Look for spaces that can't be supervised easily and either change the arrangement or make sure a staff person is assigned to supervise that area.

- **Position staff**

- Be intentional about where you and your coworkers place yourself in your setting. If you work alone, make sure you are positioned so you can supervise the children easily. This goes for outside time also; staff should position themselves in different areas of the playground.

- **Scan and count**

- As you are interacting with children, look around. Also, count the number of children in your care frequently. You should always know how many children you have even with all the arrivals and departures. Keeping a list of the children you currently have is very important, this list can be used when transitioning from one space to another. Instead of just counting heads, use your list to look for each child as you say their name and check them off the list.

- **Listen**

- Child care environments are noisy but it's still important to listen carefully. Using your listening skills can help you identify trouble brewing and step in to prevent it. Sometimes the lack of sound can be an indicator that something is up too. When that group of children in the block area suddenly become quiet, it might be a good time to go over and see what's going on.

- **Anticipate children's behavior**

- Since you know your children so well, use this knowledge to anticipate when they may need some help or guidance. For example, knowing that when a child in your care, starts to wander around, he or she typically disrupts other children as they are playing because he or she doesn't know how to join a group very well. Because you know this, you are able to anticipate his or her need and help him or her join a group successfully.

- **Engage and redirect**

- Interacting with children as they are playing is another part of supervision. This allows you to observe their interests and needs which aids in supervision by being able to plan experiences which keep children engaged. It also helps so you can easily step in and redirect a child who may need some guidance.

Active supervision builds on itself, progressing from the basics of arranging the room all the way to interacting with children. Using this form of supervision ensures children are safe, engaged and learning.



## A WORD FROM THE DEPARTMENT OF HEALTH...

Providers that are dealing with positive Coronavirus test results in their daycare are asked to contact the SD DOH Covid hotline at 1-800-997-2880. They will be able to answer any questions you have regarding quarantining. If you have questions regarding operational best practices based on CDC and SD DOH guidelines you can ask for assistance thru the City of Sioux Falls SOAR program by calling the 211 helpline.

## Learning Opportunities

Classes offered for Family Child Care Providers registered with the City of Sioux Falls. Location details given upon registration.

DATE/TIME	CLASS TITLE	LOCATION	CATEGORY
Thursday, April 1 6:30 – 9 p.m.	<b><u>Certified First Aid</u></b> Learn to handle child illness and injuries in the first few minutes until professional help arrives. A Heartsaver Pediatric First Aid Course completion card will be given to students upon successful completion of the course. Course renewal is every 2 years.	Sioux Falls	Safety and Health
Monday, April 5 7 – 8 p.m.	<b><u>Hold My Hand: Teaching Safety Rules to Children</u></b> Children don't understand risk so it up to you to teach them safety rules. Learn ways to teach rules in a fun and engaging way.	Sioux Falls	Safety and Health
Thursday, May 6 6:30 – 7:30 p.m.	<b><u>Child Abuse: Family Support Strategies</u></b> Help prevent child maltreatment by recognizing, supporting & encouraging at-risk families working to build their child-rearing skills & strengths.	Sioux Falls	Child Abuse and Neglect
Thursday, May 6 7:30 – 8:30 p.m.	<b><u>When the Crying Doesn't Stop</u></b> Babies can be difficult to soothe & may cry relentlessly; explore why this may happen, the unfortunate consequences of shaking a baby, and how to keep them safe.	Sioux Falls	Shaken Baby Syndrome Prevention
Monday, May 10 7 – 8 p.m.	<b><u>Childhood Illnesses</u></b> What is it? How is it spread? How can I keep kids and staff from getting it? Get answers to questions relative to common childhood illnesses.	Sioux Falls	Sanitation & Health
Thursday, June 24 6:30 – 7:30 p.m.	<b><u>Sensory Play for Infants and Toddlers</u></b> Learn the importance of sensory play for infants and toddlers. Discover new ways to incorporate sensory experiences though out the day.	Sioux Falls	Developmental Play
Thursday, June 24 7:30 – 8:30 p.m.	<b><u>Sudden Unexpected Infant Death Syndrome (SUIDS)</u></b> Creating a safe environment is not always easy. Learn practices to keep infants under 1 year of age safe, with emphasis on the most recent safe sleep standards.	Sioux Falls	Sudden Infant Death Prevention

## Heartsaver® CPR AED

### 2021 Classes

- Monday, April 12            6:30 – 10 p.m.            Sioux Falls
- Tuesday, May 25            6:30 – 10 p.m.            Sioux Falls
- Saturday, June 5            8:30 – Noon            Sioux Falls
- Monday June 14            6:30 – 10 p.m.            Sioux Falls

This video-based, instructor-led course teaches adult, child and infant CPR, AED use, and how to relieve choking. This course teaches skills with AHA's practice-while-watching technique, which allows instructors to observe the students and provide feedback.

## How to Conduct a Proper Name/Face Check

- Gather the children in one area (e.g., on one side of a low bookshelf in the classroom, or from the tile floor to the carpet if you have both in your classroom. On the playground, gather them away from the fence and have them come and touch the fence when you call their name.)
- Ask them to “freeze.” (Some will and some won’t, but everyone age 3 1/2 & older should)
- Tell them, “When I say your name, say ‘here’ and come see me.”
- Call out name.
- Look at child’s face.
- Have him stand or sit in the designated area.
- Mark his name with a dot or highlight.
- When complete, make sure all names are highlighted and all kids are in the designated area.
- Count the kids and count the names.
- Ensure that all children are accounted for and numbers match.
- Obviously if you call out a name and cannot find the child you have to take immediate action to locate him!



## CPR Class Policy

CPR classes sponsored by the City of Sioux Falls Health Department through Sanford CHILD Services are provided free of charge to Sioux Falls City registered family day care providers and their helpers. Registration for CPR classes is limited to 9 people per class. To help ensure CPR education is available throughout the year to Sioux Falls City registered family day care providers, the following policy exists:

Class registration is limited to Sioux Falls city registered family day care providers and their helpers. Sioux Falls City registered family day care providers, and their helpers, receive one free CPR class per year.

## CPR Cancellation Policy

Cancellation of CPR class registration needs to be made 24 hours prior to the start of the CPR class.

If notice of cancellation is not received 24 hours prior to the CPR class, the registrant will have used up his/her free CPR class for the year. A payment of \$20 will be needed to enroll in another City of Sioux Falls Health Department sponsored CPR class.

## PROVIDERS.....YOU ASKED & WE LISTENED!

Online registration is available. To register online, follow the steps below.

1. Go to [www.sanfordhealth.org/classes-and-events](http://www.sanfordhealth.org/classes-and-events)
2. Filter by 'Daycare Providers' under the Category drop down
3. Locate the class you want to attend
4. Click on the class to find the online class registration information



