

CHILD SERVICES OF Aberdeen

■ OCTOBER, NOVEMBER &
DECEMBER 2022
■ REGION THREE

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WHAT IS SOCIAL EMOTIONAL DEVELOPMENT?



Social emotional development is learning to manage and express feelings, create relationships, interact with others, and use self-control. Development of social and emotional skills begins in infancy, but continues as the child grows. Interactions at home and in childcare settings are important for development socially and emotionally. Caring for children in their most formative years is an important job. An understanding of what social emotional development is and what it means plays a vital role in how you care for and interact with children and their growth.

A Deeper Dive into Social Emotional Development

Social emotional development refers to a child's capacity to experience, manage, and express the full range of emotions. The development of social emotional skills is instrumental for children in order to develop close, satisfying relationships with other children and adults. It gives children the ability to learn and explore their environment through relationships and interactions. Children who develop strong social emotional skills tend to be happier, more motivated to learn, and perform better academically.

Skills children learn throughout social emotional development are important as children learn to manage emotions, interact and create relationships with others, and begin to feel/show empathy to those around them. When interacting with children, it is important to model these skills in order to promote the growth and development of them in children. How we perceive and define children's social emotional development will in turn effect how we respond and connect with them.

Modeling these skills can look like:

- Calm, positive, consistent, and age appropriate responses
- Playing and interacting with children down on their level
- Provide opportunity for choice (this promotes a positive sense of self)
- Approaching mistakes as an opportunity to learn

Now what?

Communication = Success! The best outcome for children's social emotional development happens when the childcare staff and parents work together for the good of the child. What does this mean? Communicate. The communication partnership between providers and parents is vital for success to ensure consistent care for the child between home and day care settings. Take time to discuss what is going well both at home and in the classroom and new ideas to address challenging outbursts. It is important for providers and parents to collaboratively communicate regarding the care of a child to promote trust, teamwork, and consistency. Providers should consider asking questions like:

- What is your child's favorite/least favorite activity?
- What do you do to encourage your child to use positive behaviors?
- How do you handle and manage outbursts at home?

Keep in Mind

The development of a child's social emotional skills is not 'one size fits all'. Each child is unique and will have their own way of understanding themselves and interacting with the world. A child's characteristics and personality will affect their path to social emotional development. Be aware each child will respond differently to interactions and take notice what those reactions are like. Use those observations to guide interactions with the child to assist them in experiencing, managing, and learning to express their own emotions. Just like the ABC's children are not expected to learn these skills overnight, be consistent.

Meet the Staff

ECE REGION 3 DIRECTOR

Dianna Rajski

CHILD MANAGER

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CHILD SERVICES OFFICE HOURS

Monday-Friday
8 a.m. – 4:30 p.m.

EMAIL

childservices.aberdeen@
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WEBSITE

www.sanfordhealth.org/
CHILDServices

"I've come to a frightening conclusion that I am the decisive element in the classroom. It's my personal approach that creates the climate. It's my daily mood that makes the weather... In all situations, it is my response that decides whether a crisis will be escalated or de-escalated and a child humanized or dehumanized" – Haim G. Ginott.

General Learning Opportunities

Classes for caregivers of all ages of children. Location details given upon registration.

(O): Qualify for required orientation training topics

(Q): Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Saturday, October 1 9 a.m. - Noon	Resiliency Training for Child Care Providers Provide your staff the opportunity to engage and practice the six wellness skills of the Community Resiliency Model. Widen your collective resiliency zone by empowering staff to strengthen their mental wellbeing.	\$0	Online	Program Management & Regulations
Saturday, November 19 9 a.m. - Noon	Resiliency Training for Child Care Providers Provide your staff the opportunity to engage and practice the six wellness skills of the Community Resiliency Model. Widen your collective resiliency zone by empowering staff to strengthen their mental wellbeing.	\$0	Online	Program Management & Regulations

RESILIENCY TRAINING FOR DIRECTORS – A 2 PART SERIES

Providers' mental well-being is the most critical component to nurturing, trauma-informed care. Join us in learning about the Community Resiliency Model: how stress and trauma affect our bodies, how to support ourselves in times of stress, and the first of 6 CRM skills to get us back into our Resilient Zones!

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Thursday, October 13 6 - 9 p.m.	Community Resiliency Model: Part 1 of 2	\$0	Online	Program Management & Regulations
Thursday, October 20 6 - 9 p.m.	Community Resiliency Model: Part 2 of 2	\$0	Online	Program Management & Regulations
Monday, December 5 Noon – 3 p.m.	Community Resiliency Model: Part 1 of 2	\$0	Online	Program Management & Regulations
Monday, December 12 Noon – 3 p.m.	Community Resiliency Model: Part 2 of 2	\$0	Online	Program Management & Regulations

RESILIENCY TRAINING FOR DIRECTORS – A 3 PART SERIES

Providers' mental well-being is the most critical component to nurturing, trauma-informed care. Join us in learning about the Community Resiliency Model: how stress and trauma affect our bodies, how to support ourselves in times of stress, and the first of 6 CRM skills to get us back into our Resilient Zones!

Thursday, November 3 6:30 – 8:30 p.m.	Community Resiliency Model: Part 1 of 3	\$0	Online	Program Management & Regulations
Thursday, November 10 6:30 – 8:30 p.m.	Community Resiliency Model: Part 2 of 3	\$0	Online	Program Management & Regulations
Thursday, November 17 6:30 – 8:30 p.m.	Community Resiliency Model: Part 3 of 3	\$0	Online	Program Management & Regulations

INS AND OUTS OF LESSON PLANNING

(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Wednesday, October 5 7:30 – 9 p.m.	Lesson Plan Basics Explore strategies & techniques for creating lesson plans based on children's needs and interests.	\$5	Online	Program Management & Regulations
Wednesday, October 12 7:30 – 9 p.m.	Developing and Creating Lesson Plans Explore a variety of lesson plans, evaluate activity ideas to meet children's needs, and how to plan in a timely fashion.	\$5	Online	Child Growth & Development
Wednesday, October 19 7:30 – 9 p.m.	Using Child Interests, Themes and Projects Learn about different approaches to planning and how each can lead to quality learning for children.	\$5	Online	Observing Children
Wednesday, October 26 7:30 – 9 p.m.	Purposeful Activities Bring together all the lesson planning pieces and share creative ideas that have worked (Birth to age 8 focused).	\$5	Online	Age Appropriate Planning

Early Learning Guidelines for Caregivers

(Q) Training series identified in proposed South Dakota QRIS Framework. Location details given upon registration.

EARLY LEARNING GUIDELINES				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Tuesday, October 4 7:30 – 9 p.m.	Approaches to Learning The use of play, everyday tasks, and an enriching environment to support young children's creativity, imagination and increasingly complex & challenging play.	\$5	Online	Age Appropriate Planning
Tuesday, October 11 7:30 – 9 p.m.	Social & Emotional Development Supporting foundational social & emotional skills such as relationship building and recognizing, managing, & expressing emotions.	\$5	Online	Guidance & Behavior Management
Tuesday, October 18 7:30 – 9 p.m.	Communication, Language & Literacy Strategies to set up an environment that encourages exploration, play and social interactions for young children and the development of literacy skills and oral language.	\$5	Online	Interpersonal Communication & Relationships
Tuesday, October 25 7:30 – 9 p.m.	Cognitive, Health & Physical Development Building relationships and providing an environment & activities to support reasoning, motor development, and health & safety skills.	\$5	Online	Child Growth & Development

Infant/Toddler Learning Opportunities

Classes with an emphasis on caring for children six weeks to three year old. Location details given upon registration.

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Tuesday, October 11 6:30 – 7:30 p.m.	Supporting Children Through Divorce Learn about the effects of divorce and how you can support children and families through during this difficult life transition.	\$5	Online	Interpersonal Communication & Relationships
Tuesday, October 11 7:30 – 8:30 p.m.	My Parent Works Here Increase childcare provider and parent awareness of the pros and cons of working with your own children, or your coworkers' children in the center.	\$5	Online	Interpersonal Communication & Relationships

INFANT/TODDLER ENTRY LEVEL SERIES

(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.

Monday, November 7 7:30 – 9 p.m.	Ages of Infancy Developmental needs of infants and toddlers as they grow and explore.	\$5	Online	Child Growth & Development
Monday, November 14 7:30 – 9 p.m.	Social Emotional Development: Understanding Temperament Understand each infant and toddler's social & emotional development and temperament; appropriate guidance techniques.	\$5	Online	Guidance & Behavior Management
Monday, November 21 7:30 – 9 p.m.	How Young Children Learn: Appropriate Environments for Infants & Toddlers Providing appropriate environments and learning experiences that support the learning needs of infants and toddlers.	\$5	Online	Age Appropriate Planning
Monday, November 28 7:30 – 9 p.m.	Health & Safety for Infants & Toddlers Best basic health and safety practices in infant and toddler care.	\$5	Online	Program Health & Safety

ECE Class Policy

e-Learning Online Classes

REQUIREMENTS: Computer with internet connectivity. Adobe Flash Player 10.1 or higher, Free Flash Player – download at www.adobe.com.

Class registration is closed 48 hours prior to scheduled class start time. Monday class registration is closed at 5 p.m. on the Thursday prior to the class. Class registration is secured once payment is received. Participants are emailed the class link within 24 hours prior to scheduled class start time. In order to receive credit for online classes, participants must:

1. Log into class within 5 minutes of the class start time.
2. Demonstrate attendance by participating in class polls and chats
3. Complete 1 learning statement at the end of the class.

Face to Face Classes

1. In order to ensure the health and safety of the participants and instructor, a face mask is required.
2. Class participants arriving later than 10 minutes past the class start time will not be allowed to attend class as the facility doors will be locked.
3. In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes.

Preschool Learning Opportunities

Classes with an emphasis on caring for three to five year old children. Location details given upon registration.

PRESCHOOL ENTRY LEVEL SERIES				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Tuesday, November 1 7:30 – 9 p.m.	Child Growth & Development Fostering the growth and development of children through appropriate environment, activities, and interactions.	\$5	Online	Child Growth & Development
Tuesday, November 8 7:30 – 9 p.m.	Behavior Management & Guidance Using positive guidance techniques and establishing a program climate that promotes positive behavior.	\$5	Online	Guidance & Behavior Management
Tuesday, November 15 7:30 – 9 p.m.	Program Health & Safety Understand the importance of promoting and teaching practices that keep children safe and healthy.	\$5	Online	Program Health & Safety
Tuesday, November 22 7:30 – 9 p.m.	Social Interactions and Learning Environments Supporting children's individual needs through learning environments and relationships.	\$5	Online	Learning Environments
PRESCHOOL BEST PRACTICE SERIES				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Monday, December 5 7:30 – 9:30 p.m.	Best Practices In Preschool Cultural Diversity Cultural continuity and building partnerships with parents; incorporating cultural practices in caregiving.	\$5	Online	Cultural Diversity
Wednesday, December 7 7:30 – 9:30 p.m.	Developmentally Appropriate Preschool Curriculum Planning a developmentally appropriate curriculum that builds on children's needs and interests.	\$5	Online	Age Appropriate Planning
Monday, December 12 7:30 – 9:30 p.m.	The Role Of Observation, Documentation & Assessment Best practices in implementing observation, documentation and assessment tools & techniques for preschool children.	\$5	Online	Observing Children
Wednesday, December 14 7:30 – 9:30 p.m.	Appropriate Guidance & Promoting Behavior Understanding preschooler's behavior; ways to provide positive guidance & build conflict resolution skills.	\$5	Online	Guidance & Behavior Management

Out of School Time Learning Opportunities

Classes with an emphasis on caring for school age children. Location details given upon registration.

OUT OF SCHOOL TIME BEST PRACTICE SERIES				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Monday, December 5 1 – 3 p.m.	Building Relationships With Communities, Families And Schools Fostering the growth and development of children through appropriate environment, activities, and interactions.	\$5	Online	Interpersonal Communication & Relationships
Wednesday, December 7 1 – 3 p.m.	Observation, Assessment And Inclusion The importance of observations and assessment to support all OST children in an inclusive setting.	\$5	Online	Child Growth & Development
Monday, December 12 1 – 3 p.m.	Developmentally Appropriate Planning And Curriculum Learn how planning high quality program activities and experiences will promote children's success.	\$5	Online	Age Appropriate Planning
Wednesday, December 14 1 – 3 p.m.	Guidance and Behavior Management Participants will learn about managing groups, modeling leadership, and effective use of routines and schedules.	\$5	Online	Guidance & Behavior Management



Family Child Care Provider Focus Learning Opportunities

Classes specific to care provided in family child care settings. Location details given upon registration.

FAMILY CHILD CARE ENTRY LEVEL SERIES				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Monday, November 7 7:30 – 9 p.m.	Keeping It Safe & Healthy Best basic health and safety practices for your children, environment, and family childcare program.	\$5	Online	Program Health & Safety
Monday, November 14 7:30 – 9 p.m.	What Children Need To Learn & Grow Your role in supporting children's social, emotional, physical and cognitive growth and development at all stages.	\$5	Online	Child Growth & Development
Monday, November 21 7:30 – 9 p.m.	It All Begins With Relationships Appropriate, respectful & responsive care based on individual children's needs; positive communication & relationships with children & families.	\$5	Online	Interpersonal Communication & Relationships
Monday, November 28 7:30 – 9 p.m.	The Business of Family Child Care Basic business practices, program management, and policies & practices to meet licensing regulations.	\$5	Online	Program Management & Regulations

Social Emotional Learning Opportunities

Ideas and insight to positive guidance and behavior management techniques. Location details given upon registration.

PRESCHOOL SOCIAL AND EMOTIONAL FOUNDATIONS FOR LEARNING				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Thursday, October 6 7:30 – 9 p.m.	Importance Of Relationships Relationships affect children's social emotional development & behaviors. Learn to support positive behavior & build relationships.	\$5	Online	Guidance & Behavior Management
Thursday, October 13 7:30 – 9 p.m.	Environments, Routines and Strategies Environmental elements, their impact on children's development & behaviors, and strategies to support children's positive social behaviors.	\$5	Online	Learning Environments
Thursday, October 20 7:30 – 9 p.m.	Social Emotional Teaching Strategies Strategies for supporting the development of friendship skills, & activities that build children's feeling vocabularies.	\$5	Online	Guidance & Behavior Management
Thursday, October 27 7:30 – 9 p.m.	Supporting Children's Success Learn to react to challenging behaviors and support children learning problem solving skills and to handle anger & disappointment.	\$5	Online	Guidance & Behavior Management

Leadership Learning Opportunities

Classes to help providers lead and mentor staff in child care programs. Location details given upon registration.

LEADERSHIP SERIES				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Tuesday, December 6 7:30 – 9:30 p.m.	Qualities of a Leader Review good leadership traits & the four types of early childhood leaders. Learn your own leadership style & strengths, and ways to lead team members with equity.	\$5	Online	Professionalism
Thursday, December 8 7:30 – 9:30 p.m.	Observational Assessments and Professional Development Observational assessment is foundational for an engaging center learning community. Explore connections between professional development, retention rate, & overall program quality.	\$5	Online	Professionalism
Tuesday, December 13 7:30 – 9:30 p.m.	Team Development Team dynamic is the focus of this class. Discover what is essential in a team player, and explore the skills & processes it takes to build & rebuild the unity in your team.	\$5	Online	Professionalism

Thursday, December 15 7:30 – 9:30 p.m.	Managing Difficult Conversations Explore different confrontation types, and ways to mitigate & resolve conflict. Learn to manage difficult conversations head-on through healthy & positive team dynamics, policies & expectations.	\$5	Online	Professionalism
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fitCare Learning Opportunities

Classes to help caregivers provide a healthy lifestyle program for children in all child care settings. Location details given upon registration.

fitCare Series				
DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Wednesday, October 5 6:30 – 8:30 p.m.	Sweet Dreams! Exploring Strategies for Sleep and Relaxation	\$0	Online	Learning Environments Program Health & Safety
Wednesday, October 12 6:30 – 8:30 p.m.	Mindful Moment! Supporting Children's Social and Emotional Development.	\$0	Online	Guidance & Behavior Management Age Appropriate Planning
Wednesday, October 19 6:30 – 8:30 p.m.	Ready, Set, Move! Promoting Physical Activity and Development.	\$0	Online	Age Appropriate Planning Child Growth & Development
Wednesday, October 26 6:30 – 8:30 p.m.	We Are What We Eat! Creating Healthy Nutrition Environments.	\$0	Online	Nutrition for Children Learning Environments
fitCare Individual Classes				
DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Tuesday, October 18 6:30 – 8:30 p.m.	Mindful Moment! Supporting Children's Social and Emotional Development.	\$0	Online	Guidance & Behavior Management Age Appropriate Planning
Saturday, November 12 9 – 10 a.m.	Mindful Moment! Supporting Children's Social and Emotional Development.	\$0	Aberdeen	Guidance & Behavior Management Age Appropriate Planning
Saturday, November 12 10 – 11 a.m.	Sweet Dreams! Exploring Strategies for Sleep and Relaxation	\$0	Aberdeen	Learning Environments Program Health & Safety
Thursday, November 17 6:30 – 8:30 p.m.	We Are What We Eat! Creating Healthy Nutrition Environments.	\$0	Online	Nutrition for Children Learning Environments
Monday, December 12 6:30 – 8:30 p.m.	Mindful Moment! Supporting Children's Social and Emotional Development.	\$0	Online	Guidance & Behavior Management Age Appropriate Planning

Saturday Spectacular

One-day events with classes for childcare caregivers of various ages and settings.

fitCare SATURDAY SPECTACULAR NOVEMBER 12				
DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Saturday, November 12 9 – 10 a.m.	Mindful Moment! Supporting Children's Social and Emotional Development.	\$0	Aberdeen	Guidance & Behavior Management Age Appropriate Planning
Saturday, November 12 10 – 11 a.m.	Sweet Dreams! Exploring Strategies for Sleep and Relaxation			Learning Environments Program Health & Safety

Certified CPR & First Aid

ADULT, CHILD & INFANT CPR/AED

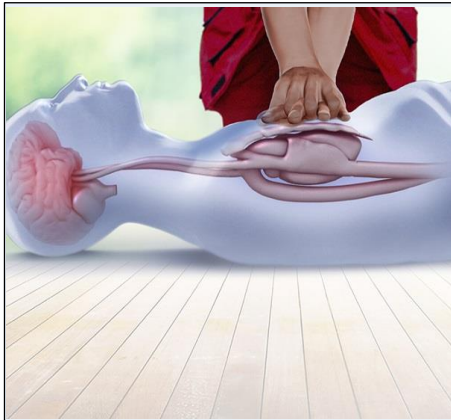
This video-based, instructor-led course teaches adult, child and infant CPR, AED use, and how to relieve choking. This course teaches the American Heart Association's practice-while-watching technique, which allows instructors to observe the students and provide feedback.

DATE/TIME	FEE	LOCATION	LICENSING/ PATHWAYS
Saturday, November 5 8:30 a.m. – Noon	\$0	Aberdeen	Program Health & Safety

CERTIFIED FIRST AID

The American Heart Association's Pediatric First Aid Course offers pediatric first aid training solutions for child care providers. This course contains information on how to manage illness and injuries in a child in the first few minutes until professional help arrives.

DATE/TIME	FEE	LOCATION	LICENSING/ PATHWAYS
Saturday, November 5 1 – 3:30 p.m.	\$5	Aberdeen	Program Health & Safety



Online CPR Training Option

Providers have an option to complete the education portion online and conduct face to face skill testing in Aberdeen.

Below is the process to conduct the education portion online and skill testing face to face in Aberdeen:

- Complete the online course. Contact our office to receive online course link information.
- Contact our office to schedule 1:1 skill testing. Certificate of completion of online course must be brought to skill testing.
- After completion of the online course, you will have 60 days to complete the face-to-face skill testing portion

For additional questions or to schedule a 1:1 skill testing, please call (605) 226-5675

Remember.....

If you register for a class and are unable to attend, please call and cancel your registration.

Scan the QR code to
connect with us on
Facebook





SD ECE START: Child Care Provider Portal



Market and Promote Your Registered or Licensed Child Care Program!

Through this portal you can create a profile for your program. Your Provider Profile provides you with complete control to maintain and update your program's profile information.

Having your current information available and easily accessible to families seeking child care is a free benefit to you and is a huge benefit to families in South Dakota!

Benefits of SD ECE START:

- Update your information as often as you'd like
- Add hours of operation, rates, and ages of children you provide care for
- Update your openings (if you are full, simply do not enter any openings)
- Add your program's special areas of expertise or experience (letting parents know what makes your child care setting unique)
- Add up to 5 pictures to showcase your program to families
- Free promotion of openings by the Helpline Center and the SD Early Childhood Enrichment (ECE) System.

Provider Profile Login:

helplinecenter.org/childcare

Click on Provider Intake/Update Information

First Time Users:

Click the **Create Account** button and a pop-up window will prompt you to enter the following: email address, password, license ID, and zip code. Click Save.

Returning Users:

Enter your log in credentials and you are good to go!

Do You Have Multiple Licensed Locations?

You can use the same email address to manage each site, but you will need a separate password per site.

The South Dakota Department of Social Services, the South Dakota Early Childhood Enrichment (ECE) System, and the Helpline Center have partnered to bring you the new online provider portal known as SD ECE START.

Call the Helpline Center's Child Care Helpline at 605-274-1410 with any questions!





Sanford Children's CHILD Services
110 6th Ave SE, Suite 100
Aberdeen, SD 57401

2022 TRAINING SCHEDULE

OCTOBER/NOVEMBER/DECEMBER

These classes meet the South Dakota child care training requirements for licensing and registration.